



Prevention & Early Access for Seniors Program (PEAS)

Fact Sheet

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Sometimes life takes a surprise turn... We can help you stay on track.

The Prevention and Early Access for Seniors program (PEAS) is a mental health case management program that strives to identify older adults 60+ in Solano County who are struggling to maintain a positive quality of life. The program provides intake, referral, brief and comprehensive case management, community-based psychotherapy and education and outreach services to both professionals and the community. Our universal prevention strategy addresses the high rates of depression, anxiety, and isolation amongst seniors. Taken together, PEAS services increase the likelihood that more people struggling with mental health difficulties will get the intervention they need to avoid a crisis situation.

Program Eligibility

The program is available to those who: are 60+, live in Solano County, have any level of income, a desire to participate in the program, and mild to moderate mental health support needs or are at risk of mental health decline.

Features & Benefits

Case Management & Brief Interventions

- ✓ Comprehensive psycho-social assessment
- ✓ Whole person health and wellness resources
- ✓ Other assessments directed toward understanding the client as a whole
- ✓ Primary care and other healthcare specialists
- ✓ Eligibility and application help with community programs
- ✓ Housing resources
- ✓ Transportation resources
- ✓ Socialization connections (e.g., senior centers, libraries, volunteering, etc.)
- ✓ Other resources to assist in improving quality of life

Short-Term Mental Health Counseling

- ✓ Community-based psychotherapy for mild to moderate mental health needs

Education & Outreach Program

- ✓ Gatekeeper community education; recognize signs a person may be experiencing mental health challenges and learn how to access support
- ✓ Professional mental health education with older adult considerations
- ✓ Stigma reduction outreach and Mental Health First Aid training
- ✓ Suicide prevention education; safeTALK and Applied Suicide Intervention Skills Training (ASIST)

All services are offered in English and Spanish.

Submit a Referral

- [PEAS Referral Form](#)
- [\(707\) 708-0582](tel:7077080582)

