

California Master Plan for Aging Framework and Goals October 25, 2019 DRAFT

Vision

An age-friendly California for the increasing numbers and diversity of older adults and families, so that every generation can age with dignity and choices, now and in the future.

Mission

Person-Centered, Data-Driven 10 Year Master Plan for Aging by October 2020 for the State Government, Local Government, Private Sector, and Philanthropy

Values

- Choices
- Equity and an end to disparities across age, place, race, ethnicity, religion/faith, income, disability, sex, gender identity, and sexual orientation
- Dignity and disruption of age-bias and discrimination
- Inclusion and accessibility for all older adults and people with disabilities
- Innovation
- Partnership

Goals

As Californians live longer lives, our State's goals for all older adults and families are:

Goal 1: We will be able to live where we choose as we age and have the help we and our families need to do so.

Objective 1.1: Californians will have access to the help we need to live in the homes and communities we choose as we age.

- Priority 1A: Information & Referral Systems
- Priority 1B: LTSS Financing
- Priority 1C: HCBS options
- Priority 1D: Workforce
- Priority 1E: Coordination with health care and community supports/housing/transportation
- Priority 1F: Institutional care

Objective 1.2: Californians of all ages will be prepared for the challenges and rewards of caring for an aging loved-one, with access to the resources and support they need, and without endangering their own health or well-being or the health and well-being of the person they are helping.

- Priority 1F: Caregiver support, respite, training

Goal 2: We will live in and be engaged in age-friendly communities.

Objective 2.1: California's neighborhoods will have the infrastructure/built environment to fully and meaningfully include older adults and families.

- Priority 2A: Accessible and Affordable Housing (including planning, development, home modification, reducing homelessness)
- Priority 2B: Accessible, Safe and Convenient Transportation and Mobility Options, and Driver and Pedestrian safety
- Priority 2C: Accessible parks and recreational areas, libraries, and other community anchors.

Objective 2.2: Californians will not become isolated as we age but will have lifelong opportunities for community engagement, purpose, volunteering, learning, and work of our choosing.

- Priority 2D: Reduce Ageism
- Priority 2E: Reduce Social Isolation and increase Intergenerational opportunities
- Priority 2F: Increase opportunities for Civic Engagement
- Priority 2G: Reduce age- and disability-related discrimination in the workplace

Goal 3: We will maintain our health and well-being as we age.

Objective 3.1: Californians will have access to programs promoting health and well-being throughout the life span:

- Priority 3A: Nutrition
- Priority 3B: Physical activity
- Priority 3C: Falls prevention
- Priority 3D: Support for Alzheimer's and related dementias
- Priority 3E: Mental health supports

Objective 3.2: Californians will have access to quality and affordable person-centered health care that aligns with our preferences and values.

- Priority 3F: Health Coverage, including eligibility and affordability
- Priority 3G: Access to high quality, coordinated, integrated Health Care
 - Medical
 - Dental
 - Behavioral Health (Mental Health & Substance Use Disorder Services)
 - Prescription drugs
- Priority 3H: Reduce Health Disparities
- Priority 3I: Coordination with LTSS and community supports/ housing/ transportation

Goal 4: Security and Safety: We will have economic security and be safe from abuse, neglect, and exploitation throughout our lives.

Objective 4.1: Californians will be economically secure throughout our life span.

- Priority 4A: Employment Opportunities, Income Security, Poverty Reduction
- Priority 4B: Retirement, Savings, and Financial Planning
- Priority 4C: Reduce Homelessness

Objective 4.2: Californians will be protected from abuse, neglect, and exploitation as we age.

- Priority 4D: Planning for Aging and Self-Determination of Care
- Priority 4E: Consumer Protections, Legal Services
- Priority 4F: Elder Justice and Protection from Abuse and Neglect, both at home (Adult Protective Services) and in facilities (Licensing, Ombudsman)

Objective 4.3: Californians, as individuals and communities, will plan and be prepared for disasters and emergencies, and will provide timely communication and response for emergencies.

Priority Area 4G: Disaster and Emergency Planning and Response