ALZHEIMER'S SUPPORT GROUP

3RD WEDNESDAY OF EACH MONTH * 4:00 p.m. to 6:00 p.m.

Sponsored by the Alzheimer's Association



Choice in Aging Mt. Diablo Center for Adult Day Health Care 490 Golf Club Road, Pleasant Hill

"Living With Alzheimer's For Middle Stage Care Partners"

July 17th, 24th & 31st will be a 3 part series *Note: starting time is 4 pm. Not 4:30 for classes.

Aug. 21st Open Discussion 4:30-6pm

Whether you are an old hand at caregiving or just starting out on the caregiving journey, support groups offer an opportunity to learn, share your knowledge, plan for the future, and invariably, to laugh. Please join us.

Betsy Flathers, Group Facilitator 490 Golf Club Rd, Pleasant Hill, CA 94523 925) 682-6330 x103 bflathers@choiceinaging.org