

BEDFORD CENTER – C.A.R.E. PROGRAM – January 2019

Program Hours: Monday-Friday 9:30am - 3:00pm

Program Director: Michael Whalen

Activity Coordinator: Marjorie Eulalia

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daily 9:30- Coffee Social 11:30- Exercise 12:00- Lunch 12:30-1:00- Walking Group/ Social Time/Puzzles 2:00- Afternoon Wrap Up 2:30- Bus Loading</p>	<p>1 </p>	<p>2 Morning Rose Bowl Writer's Workshop Sensory Station Afternoon Beading Trivia Sensory Station</p>	<p>3 Morning Polar Bear Day Women's Talk Time Sensory Station Afternoon Song & Dance w/Rosie @ 1:30 </p>	<p>4 Morning Bird Craft Table Games Sensory Station Afternoon Bingo! Free Choice Sensory Station</p>
<p>7 Morning Who Wants to Be a Billionaire? Current Events Sensory Station Afternoon Art of Choice Active Games Sensory Station</p>	<p>8 Morning Bowling Men's Reminiscence Group Sensory Station Afternoon Music w/MuZeke @ 1:30 </p>	<p>9 Morning Starlight Craft Writer's Workshop Sensory Station Afternoon Beading Family Feud Sensory Station</p>	<p>10 Morning Women's Talk Time Watercolor Painting Sensory Station Afternoon Learn a New Language Word Games Sensory Station</p>	<p>11 Morning National Hot Tea Day Table Games Sensory Station Afternoon Bingo! Free Choice Sensory Station</p>
<p>14 Morning Snow Crafts Current Events Sensory Station Afternoon Art of Choice Active Games Sensory Station</p>	<p>15 Morning Hats Off to You Men's Reminiscence Group Sensory Station Afternoon Free Choice Table Games Sensory Station</p>	<p>16 Morning Craft me a Dragon Writer's Workshop Sensory Station Afternoon Bingo! Free Choice Sensory Station</p>	<p>17 Morning Let's Make Juice Beading Sensory Station Afternoon Women's Talk Time Word Games Sensory Station</p>	<p>18 Morning Winnie the Pooh Day Table Games Sensory Station Afternoon Movie Friday Free Choice</p>
<p>21  We are closed on Jan. 21 for Martin Luther King Jr. Day.</p>	<p>22 Morning A Day of Dreams Men's Reminiscence Group Sensory Station Afternoon Beading Table Games Sensory Station</p>	<p>23 Morning Bald Eagle Appreciation Day Jeopardy Sensory Station Afternoon Bingo! Free Choice Sensory Station</p>	<p>24 Morning Pie Day Watercolor Painting Sensory Station Afternoon Women's Talk Time Word Games Sensory Station</p>	<p>25 Morning Tin Can Day Table Games Sensory Station Afternoon Art of Choice Active Games Sensory Station</p>
<p>28 Morning Make Your Own Harmonica Current Events Sensory Station Afternoon Movie Friday Free Choice</p>	<p>29 Morning Singing Messengers @ 11am Men's Reminiscence Group Sensory Station Afternoon Beading Table Games Sensory Station</p>	<p>30 Morning Show & Tell Day Trivia Sensory Station Afternoon Bingo! Free Choice Sensory Station</p>	<p>31 Morning Heart Art Watercolor Painting Sensory Station Afternoon Women's Talk Time Word Games Sensory Station</p>	<p>Special Events 1/3- Song & Dance w/Rosie 1/8- Music w/MuZeke 1/29- Singing Messengers  Roten-1/22</p>