CHOICE IN AGING THE BEDFORD CENTER FOR ADULT DAY HEALTH CARE ACTIVITY CALENDAR – November 2018

CARE Program Hours: Monday-Friday 9:30am - 3:00pm *Activity Coordinator: Veronica Fiore*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Activities 9:30- Coffee Social **11:00- Exercise** 12:00- Lunch **1:00- Walking Group** 2:30- Bus loading	**Special Events** **Song & Dance w/ Rosie 11/7** Music w/ MuZeke 11/12 **Sing-a-Long w/ Denise 11/28**	**Birthdays** Korto 11/16 **Ron T. 11/19** Jordan 11/23 **Boni 11/30**	1 **Morning** Men's Reminisce Club Active Games Discussion Group **Afternoon** Art of Choice Word Challenge Sensory Station	2 **Morning** Trivia Day of Beauty Art of Choice ***Afternoon***
5 **Morning** Men's Discussion Group *National Doughnut Day* Family Feud **Afternoon** Free Choice Bingo Patio Time	6 **Morning** Beading Art of Choice Sensory Station **Afternoon** Patio Time Active Games Discussion Group	7 **Morning** Thanksgiving Crafts Active Games Current Events **Afternoon** **Song & Dance w/ Rosie @ 1:30**	8 **Morning** Creative Painting Trivia Word Games **Afternoon** Free Choice Active Games Sensory Station	9 **Morning** Beading Seated Basketball Sensory Station **Afternoon** Patio Time Day of Beauty Free Choice
12 **Morning** *National Pizza w/ the Works Day* Charades Sensory Station **Afternoon** **Music w/ MuZeke @ 1:30**	13 **Morning** Free Choice Day of Beauty Sensory Station **Afternoon** Patio Time Active Games Free Choice	14 **Morning** Women's Discussion Group Patio Time Active Games **Afternoon** Free Choice Bingo Sensory Station	15 **Morning** Beading Creative Painting Discussion Group **Afternoon** Patio Time Free Choice Sensory Station	16 **Morning** Trivia Word Games Current Events **Afternoon** Active Games Free Choice Sensory Station
19 **Morning** Thanksgiving Crafts Beading Sensory Station **Afternoon** Bingo Patio Time Free Choice	20 **Morning** Puzzles Beading Art of Choice **Afternoon** Free Choice Word Games Patio Time	21 **Morning** Discussion Group **Afternoon** 	22 	23
26 **Morning** Women's Group Trivia Beading **Afternoon** Patio Time Bingo Free Choice	27 **Morning** Puzzles Beading *National Day of Giving* **Afternoon** Free Choice Word Games Patio Time	28 **Morning** **Sing-a-Long w/ Denise @ 10:30** **Afternoon** Bingo Patio Time Sensory Station	29 **Morning** Men's Reminisce Club Discussion Group Seated Basketball **Afternoon** Free Choice Patio Time Charades	30 **Morning** Women's Talk Time Seated Basketball Day of Beauty **Afternoon** Free Choice Patio Time Sensory Station

***Calendar subject to change**

Coffee Social: ***9:30 - 10 a.m.*** *Lunch:* ***12:00 noon*** *Bus:* ***2:30 - 3:00 p.m.***

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily Activities 9:30- Coffee Social 11:00- Exercise 12:00- Lunch 1:00- Walking Group 2:30- Bus loading	**Special Events** Song & Dance w/ Rosie 11/7 Music w/ MuZeke 11/12 Sing-a-Long w/ Denise 11/28	**Birthdays** Maybell 11/12 John 11/21	1 **Morning** Discussion Group Table Games Free Choice **Afternoon** Art of Choice Patio Time Free Choice	2 **Morning** Trivia Day of Beauty Art of Choice *Afternoon*
5 **Morning** Men's Discussion Group *National Doughnut Day* Family Feud **Afternoon** Free Choice Bingo Patio Time	6 **Morning** Dominoes Beading Art of Choice **Afternoon** Free Choice Patio Time Word Games	7 **Morning** Thanksgiving Crafts Free Choice Current Events **Afternoon** Song & Dance w/ Rosie @ 1:30	8 **Morning** Creative Painting Trivia Word Games **Afternoon** Free Choice Patio Time Charades	9 **Morning** Beading Trivia Free Choice **Afternoon** Patio Time Day of Beauty Free Choice
12 **Morning** *National Pizza w/ the Works Day* Charades Poker Group **Afternoon** Music w/ MuZeke @ 1:30	13 **Morning** Watercolor Paints Word Games Family Feud **Afternoon** Patio Time Free Choice Word Games	14 **Morning** Women's Discussion Group Patio Time Table Games **Afternoon** Free Choice Bingo Charades	15 **Morning** Beading Creative Painting Discussion Group **Afternoon** Patio Time Free Choice Trivia	16 **Morning** Trivia Word Games Current Events **Afternoon** Active Games Free Choice Creative Painting
19 **Morning** Thanksgiving Crafts Trivia Free Choice **Afternoon** Free Choice Bingo Patio Time	20 **Morning** Puzzles Beading Art of Choice **Afternoon** Free Choice Word Games Patio Time	21 **Morning** Discussion Group **Afternoon** 	22 	23
26 **Morning** Art of Choice Trivia Beading **Afternoon** Patio Time Bingo Free Choice	27 **Morning** *National Day of Giving* Poker Group Puzzles **Afternoon** Free Choice Word Games Patio Time	28 **Morning** Free Choice Sing-a-Long w/ Denise @ 10:30 **Afternoon** Patio Time Free Choice Bingo	29 **Morning** Beading Creative Painting Discussion Group **Afternoon** Patio Time Free Choice Trivia	30 **Morning** Watercolor Paints Word Games Family Feud **Afternoon** Patio Time Free Choice Word Games

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