



# CHOICE IN AGING - SENIOR RESPITE PROGRAM – JUNE 2018



## MONDAY



Patricia M 6/11  
Loren H 6/15  
Kenneth T 6/23  
Fay, C 6/26

## TUESDAY

Special Events  
6/15//18 Father's Day Bash!  
Special Lunch



## WEDNESDAY

### Happy Father's Day



## THURSDAY



## FRIDAY

9:30 Coffee social  
10:00 Toss Games  
10:30 Exercise with Laurie  
11:00 Cognitive games  
11:30 Singing Along w/ us  
1:00 Free Time/ Reading  
1:30 Fun w/Easel/ Free Choice  
2:00 Pet Visit GIGI

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9:30 Coffee Social  
10:00 Paddle Ball  
10:30 Exercise w/Raven  
11:00 Angel Simmons n her Harp  
1:00 Social Time/ Reading  
1:30 Artists' Workshop/ Garden social

4

9:30 coffee social  
10:00 Balloon Bash  
10:30 Exercise with Joann  
11:00 Singing Rosie  
1:00 Social Time/ Reading  
1:30 Bingo/ Free Choice

5

9:30 Coffee social  
10:00 Bowling Challenge  
10:30 Exercise with Elena  
11:00 Discussion  
11:30 Singing Along w/ us  
1:00 Social Time/ Reading  
1:30 Arts & craft & Free choice  
2:00 Pet Visit GIGI

6

9:30 Coffee social  
10:00 Flying Frisbees  
10:30 Exercise with Ashley  
11:00 Lori and her Guitar  
1:00 Free Time/ Reading  
Artists' Workshop/ Garden



7

9:30 Coffee social  
10:00 Toss Games  
10:30 Exercise with Justine  
11:00 Gardening w/Marjorie  
11:30 Balloon Bash  
1:00 Free Time/ Reading  
1:30 Bingo/ Free Choice  
2:00 Pet Visit GIGI

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9:30 Coffee Social  
10:00 Paddle Ball  
10:30 Exercise w/Raven  
11:00. Cognitive Games  
11:30 Singing Along w/ us  
1:00 Social Time/ Reading  
1:30 Bingo/ Free Choice

9:30 coffee Social  
10:00 Balloon Bash  
10:30 Exercise with Joann  
11:00 Singing Rosie  
1:00 Social Time/ Reading  
1:30 Arts & craft & Free choice

9:30 Coffee social  
10:00 Bowling Challenge  
10:30 Exercise with Elena  
11:00 Lori and her Guitar  
1:00 Social Time/ Reading  
1:30 Watercoloring & Free choice  
2:00 Pet Visit GIGI

9:30 Coffee social  
10:00 Flying Frisbees  
10:30 Exercise with Ashley  
11:00. Cognitive Games  
11:30 Fun W/Easel  
1:00 Free Time/ Reading  
1:30 Bingo/ Free Choice



9:30 Coffee social  
10:00 Toss Games  
10:30 Exercise with Justine  
11:00 Latin Music w/ Julio  
1:00 Games, Music w Staff  
2:00 Pet Visit GIGI



"FATHER'S DAY Celebration!!!!"

18

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22

9:30 Coffee Social  
10:00 Paddle Ball  
10:30 Exercise w/Raven  
11:00. Cognitive Games  
11:30 Fun W/Easel  
1:00 Social Time/ Reading  
1:30 Artists' Workshop/ Garden social



9:30 coffee Social  
10:00 Balloon Bash  
10:30 Exercise with Joann  
11:00 Singing Rosie  
1:00 Social Time/ Reading  
1:30 Bingo/ Free Choice

9:30 Coffee social  
10:00 Bowling Challenge  
10:30 Exercise with Laurie  
11:00. Cognitive Games  
11:30 Singing Along w/ us  
1:00 Social Time/ Reading  
1:30 Arts & craft & Free choice  
2:00 Pet Visit GIGI

9:30 Coffee social  
10:00 Flying Frisbees  
10:30 Exercise with Ashley  
11:00. Cognitive Games  
11:30 Fun W/Easel  
1:00 Free Time/ Reading  
1:30 Artists' Workshop/ Garden social

9:30 Coffee social  
10:00 Toss Games  
10:30 Exercise with Justine  
11:00 Lori and her Guitar  
1:00 Free Time/ Reading  
1:30 Bingo/ Free Choice  
2:00 Pet Visit GIGI

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9:30 Coffee Social  
10:00 Paddle Ball  
10:30 Exercise w/Raven  
11:00. Cognitive Games  
11:30 Singing Along w/ us  
1:00 Social Time/ Reading  
1:30 Artists' Workshop/ Garden social

9:30 coffee Social  
10:00 Balloon Bash  
10:30 Exercise with Joann  
11:00 Singing Rosie  
1:00 Social Time/ Reading  
1:30 Bingo/ Free Choice

9:30 Coffee social  
10:00 Bowling Challenge  
10:30 Exercise with Laurie  
11:00 Discussion  
11:30 Word Games  
1:00 Social Time/ Reading  
1:30 Arts & craft & Free choice  
2:00 Pet Visit GIGI

9:30 Coffee social  
10:00 Flying Frisbees  
10:30 Exercise with Ashley  
11:00 Lori and her Guitar  
1:00 Free Time/ Reading  
1:30 Bingo/ Free Choice

9:30 Coffee social  
10:00 Toss Games  
10:30 Exercise with Staff  
11:00 MuZeke!"  
1:15 Let talk about the movies  
1:30 Movie Time!!  
2:00 Pet Visit GIGI



DAILY: Coffee Social: 9:30 AM. Refreshments: 11:00 a.m. & 2:00 p.m. Lunch: M-F 12:00 noon 2:30PM All Aboard! It's Bus Time!  
Alzheimer's Support Group Meetings: 3<sup>rd</sup> Wednesdays of each month from 4:30 – 6:00 p.m. 490 Golf Club Road, Pleasant Hill, CA 94523 (925) 682-6330 x121

