




**MT. DIABLO CENTER- ADULT DAY HEALTH CARE - FARSI PROGRAM-**

**April 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2) 9:30 Coffee Social Time 10:00 Balloon Bash 10:30 Discussion Group 11:15 Exercise 1:00 Prayer Time 1:15 Bingo</p>	<p>3) 9:30 Coffee Social Time 10:00 Outside Walking 10:30 Exercise 11:00 Art 1:00 Prayer Time 1:15 Crafts /Card Game</p>	<p>4) 9:30 Coffee Social Time 10:00 Sit &amp; Be fit 10:30 Reading Poems 11:00 Word Game 1:00 Prayer Time 1:15 Knitting Club / Reading Book</p>	<p>5) 9:30 Coffee Social Time 10:00 Staff Led Exercise 10:30 Current Event 11: 00 English Class 1:00 Prayer Time 1:15 Bingo</p>	 <p>Farsi Program is closed</p>
<p>9) 9:30 Coffee Social Time 10:00 Basket Ball 10:30-12:00 Support Group / Dr. Marjan 1:00 Prayer Time 1:15 Bingo</p>	<p>10) 9:30 Coffee Social Time 10:00 Outside Walking 10:30 Exercise 11:00 Art 1:00 Prayer Time 1:15 Crafts /Card Game</p>	<p>11) 9:30 Coffee Social Time 10:00 Sit &amp; Be fit 10:30 Riddles 11:00 <b>Movie &amp; popcorn</b> 1:00 Prayer Time 1:15 Knitting Club / Reading Book</p>	<p>12) 9:30 Coffee Social Time 10:00 Staff Led Exercise 10:30 Current Events 11: 00 English Class 1:00 Prayer Time 1:15 New fun Game</p>	<p>13)</p>
<p>16) 9:30 Coffee Social Time 10:00 Balloon Bash 10:30 Discussion Group 11:15 Exercise 1:00 Prayer Time 1:15 Bingo</p>	<p>17) 9:30 Coffee Social Time 10:00 Ring Toss 10:30 Gardening Class 11:30 Outside Walking 1:00 Prayer Time 1:15 Crafts /Card Game</p>	<p>18) 9:30 Coffee Social Time 10:00 Toss Game 10:30 <b>Special guest</b> 11:30 Joke time 1:00 Prayer Time 1:15 Needle Point / Music</p>	<p>19) 9:30 Coffee Social Time 10:00 Staff Led Exercise 10:30 Current Events 11:00 English Class 1:00 Prayer Time 1:15 Word Game&amp; Trivia</p>	<p>20)</p>
<p>23) 9:30 Coffee Social Time 10:00 Toss Game 10:30-12:00 Support Group / Dr. Marjan 1:00 Prayer Time 1:15 Chatting in sunshine</p>	<p>24) 9:30 Coffee Social Time 10:00 Outside Walking 10:30 Exercise 11:00 Art 1:00 Prayer Time 1:15 Crafts /Card Game</p>	<p>25) 9:30 Coffee Social Time 10:00 Outside Walking 10:30 Sit &amp;Be fit 11:00 <b>Health Ed</b> 11:30 Cooking Class 1:00 Prayer Time 1:00 Knitting Club</p>	<p>24) 9:30 Coffee Social Time 10:00 Staff Led Exercise 10:30 Town Meeting 11:00 English Class 1:00 Prayer Time 1:15 Bingo</p>	<p>23)</p>
<p>30) 9:30 Coffee Social Time 10:00 Kick ball 10:30 Discussion Group 11:15 Exercise 1:00 Prayer Time 1:15 Bingo</p>	 <p><b>On April 16<sup>th</sup></b></p>	<p><b>Highlights of the Month:</b> - Cooking Class - Gardening Class - Health Ed - Special Lunch -Special guest</p>		<p>23)</p>

490 Golf Club Road, Pleasant Hill, CA. 94523 (925) 682-6330

DAILY: Coffee Social 9:30AM Refreshment: 11 AM LUNCH: M-F 12:00PM 2:30PM All Aboard1 It's Bus Time!