

MT. DIABLO CENTER - ADULT DAY HEALTH CARE PROGRAM

April 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>9:30 Ring Toss 10:00 Exercise w/ Sergio 10:00 Volleyball 11:00 Easter Egg Hunt !!! 1:00 Laurie on the Guitar 1:30 PT Group 2:00 Brain Teasers 2:00 Pet Time w/ GiGi</p>	<p>3</p> <p>9:30 Toss Across 10:00 Exercise w/ Suzanne 10:00 Kickball 11:00 Hangman w/ Sergio 1:00 Sing Along w/ Nina 1:30 Walking Group w/ Laurie 1:30 PT Group 2:00 Darts w/ Suzanne 2:30 Chat w/ Sergio</p>	<p>4</p> <p>9:30 Flying Frisbees 10:00 Sit and Be Fit/ Devotions 11:00 Scategories w/ Armani 11:00 PT Group 11:00 Walking Group w/ Nina 1:00 Jim Ritz on the Piano 2:00 Pet Time w/ GiGi 2:00 Ring Toss w/ Sergio</p>	<p>5</p> <p>9:30 Basketball 10:00 Exercise w/ Sergio 10:00 Hockey 11:00 Bingo 1:00 Crafts w/ Lourdes 2:00 Darts w/ Sergio 2:00 Pet Time w/ Mercy 2:30 Music Trivia</p>	<p>6</p> <p>9:30 Darts 10:00 Exercise w/ Habiba 11:00 Current Events w/ Armani 1:00 Manicures w/ Rezwan 1:30 Walking Group w/ Laurie 1:30 Bowling w/ Armani 2:00 PT Group 2:30 Lets Chat</p>
<p>9</p> <p>9:30 Ring Toss 10:00 Exercise w/ Sergio 10:00 Kickball 11:00 Family Fued / Devotions Opt. 1:00 Laurie on the Guitar 1:30 PT Group 2:00 Brain Teasers 2:00 Pet Time w/ GiGi</p>	<p>10</p> <p>9:30 Toss Across 10:00 Exercise w/ Suzanne 10:00 Hangman w/ Sergio 10:00 Pet Time w/ Copper 11:00 Intergenerational Volleyball 1:00 Jim Ritz on the Piano 1:30 Walking w/ Laurie/ PT 2:00 Darts w/ Suzanne 2:30 Chat w/ Sergio</p>	<p>11</p> <p>9:30 Flying Frisbees 10:00 Devotions (optional) 10:00 Sit and Be Fit 11:00 Bingo 11:00 PT Group 1:00 The Beautiful Rosaline 2:00 Pet Time w/ GiGi 2:00 Ring Toss w/ Armani 2:30 Discussion time w/ Sergio</p>	<p>12</p> <p>9:30 Basketball 10:00 Devotions(optional) 10:00 Exercise w/ Sergio 10:00 Hockey 11:00 Book Club Discussion 11:00 Town Meeting 1:00 Fun w/ Lourdes 2:00 PT Group/ Pet Mercy 2:00 Trivia w/ Sergio</p>	<p>13</p> <p>9:30 Flying Frisbees 10:00 Gardening with Marjorie 10:30 Exercise w/ Rezwan 11:00 Lets Cook 11:30 PT Group 1:00 Men's Group 1:00 Muzeke Time !!! 2:00 Trivia w/ Suzanne 2:30 Lets Chat</p>
<p>16</p> <p>9:30 Ring Toss 10:00 Exercise w/ Suzanne 10:00 Volleyball 11:00 Bingo 12:00 Special Lunch !!! 1:00 Birthday Celebration!!! 1:30 PT Group 2:00 Brain Teasers 2:00 Pet Time w/ GiGi 2:30 Lets Discuss</p>	<p>17</p> <p>9:30 Toss Across 10:00 Exercise w/ Nina 10:00 Pet Time w/ Copper 11:00 Dominoes/ Devotions 11:30 20 Questions w/ Armani 1:00 Manicures w/ Armani 1:30 PT Group 2:00 Scategories w/ Nina 2:30 Darts w/ Armani</p>	<p>18</p> <p>9:30 Flying Frisbees 10:00 Sit and Be Fit 11:00 PT Group 11:00 Family Feud/ Devotions 1:00 Miles Maynard on the Keys 1:00 Fun w/ Lourdes 2:00 Hangman w/ Sergio 2:00 Pet Time w/ GiGi 2:30 Lets Chat w/ Raedeen</p>	<p>19</p> <p>9:30 Basketball 10:00 Exercise w/ Sergio 10:00 Hockey 11:00 Bingo 1:00 Jim Ritz on the Piano 2:00 Darts w/ Sergio 2:00 Pet Time w/ Mercy 2:30 Picture Memory</p>	<p>20</p> <p>9:30 Basketball 10:00 Sit and Be Fit 10:00 Devotions (optional) 10:00 Gardening w/ Marjorie 11:00 Lets Paint 1:00 Laurie and Kids Sing Along 2:00 PT Group 2:00 Darts w/ Victoria</p>
<p>23</p> <p>9:30 Ring Toss 10:00 Exercise w/ Sergio 10:00 Volleyball 11:00 Price Is Right 1:00 Sing Along w/ Nina 1:30 PT Group 2:00 Brain Teasers 2:00 Pet Time w/ GiGi</p>	<p>24</p> <p>9:30 Toss Across 10:00 Exercise w/ Nina 10:00 Kickball/ Devotions opt. 11:00 Bingo 1:00 Jim Ritz on the Piano 1:30 PT Group 2:00 Scategories w/ Armani 2:30 Lets Chat</p>	<p>25</p> <p>9:30 Flying Frisbees 10:20 Exercise w/ Armani 10:30 Devotions (Opt.) 11:00 Miles Maynard on the Keys 1:00 Womens Group 2:00 Horseshoes w/ Suzanne 2:00 Pet Time w/ GiGi 2:30 Lets Chat w/ Sergio</p>	<p>26</p> <p>9:30 Basketball 10:00 Exercise w/ Sergio 10:30 Bowling w/ Armani 11:00 Health Education 1:00 The Beautiful Rosaline 2:00 Darts w/ Sergio 2:00 Pet Time w/ Mercy 2:30 Lets Chat w/ Armani</p>	<p>27</p> <p>9:30 Darts w/ Roaring Rez 10:00 Exercise w/ Super Suzanne 10:00 Bocce w/ The Hulk (Armani) 11:00 OT Games / Devotions 11:00 Crafts w/ Kids and Us 1:00 Super Hero Movie and Snack</p>
<p>30</p> <p>9:30 Ring Toss 10:00 Exercise w/ Armani 10:00 Volleyball 11:00 Devotions/ OT Games 1:00 Angel the Harpest 1:30 Balloon Bash w/ Armani 2:00 Brain Teasers/ Pet GiGi 2:30 Lets Chat with Nina</p>	<p><i>Rainy Birthdays</i></p> <p>Donna L. 4.14 Diana T. 4.21 Anselma 4.21 Donna P. 4.27 Janeen 4.28</p>			

490 Golf Club Road, Pleasant Hill, CA. 94523 (925) 682-6330
 DAILY: Coffee Social 9:30AM Refreshments: 11:00AM LUNCH: M-F 12:00PM
 Afternoon Walk M-F 12:30 -1:00PM 2:30PM All Aboard! It's Bus Time!

