

MT. DIABLO CENTER- ADULT DAY HEALTH CARE - FARSI PROGRAM- *hello march* 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><u>Highlights of the Month:</u></p> <ul style="list-style-type: none"> <li>- Cooking Class</li> <li>- Gardening Class</li> <li>- Health Ed</li> <li>- Special Lunch</li> <li>- Farsi New Year Celebration</li> </ul>		<p>1)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Staff Led Exercise</li> <li>10:30 Current Event</li> <li>11: 00 English Class</li> <li>1:00 Prayer Time</li> <li>1:15 Bingo</li> </ul>	<p>2)</p> <p><b>Farsi Program is closed On Fridays</b></p> 
<p>5)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Balloon Bash</li> <li>10:30 Discussion Group</li> <li>11:15 Exercise</li> <li>1:00 Prayer Time</li> <li>1:15 Gardening Class</li> </ul>	<p>6)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Outside Walking</li> <li>10:30 Exercise</li> <li>11:00 Art</li> <li>1:00 Prayer Time</li> <li>1:15 Crafts /Card Game</li> </ul>	<p>7)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Sit &amp; Be fit</li> <li>10:30 Reading Poems</li> <li>11:00 Word Game</li> <li>1:00 Prayer Time</li> <li>1:15 Knitting Club / Reading Book</li> </ul>	<p>8)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Staff Led Exercise</li> <li>10:30 Current Events</li> <li>11: 00 English Class</li> <li>1:00 Prayer Time</li> <li>1:15 Bingo</li> </ul>	<p>9)</p>
<p>12)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Toss Game</li> <li>10:30-12:00 Support Group / Dr. Marjan</li> <li>1:00 Prayer Time</li> <li>1:15 Bingo</li> </ul>	<p>13)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Outside Walking</li> <li>10:30 Exercise</li> <li>11:00 Art</li> <li>1:00 Prayer Time</li> <li>1:15 Crafts /Card Game</li> </ul>	<p>14)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Toss Game</li> <li>10:30 Sit &amp; Be fit</li> <li>11:30 <b>Movie Time</b></li> <li>1:00 Prayer Time</li> <li>1:15 Needle Point / Music</li> </ul>	<p>15)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Staff Led Exercise</li> <li>10:30 Current Events</li> <li>11:00 English Class</li> <li>1:00 Prayer Time</li> <li>1:15 Word Game&amp; Trivia</li> </ul>	<p>16)</p>
<p>19)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Balloon Bash</li> <li>10:30 Discussion Group</li> <li>11:15 Exercise</li> <li>1:00 Prayer Time</li> <li>1:15 <b>Cooking Class</b></li> </ul>	<p>20)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Outside Walking</li> <li>10:30 Exercise</li> <li>11:00 <b>The Price is Right</b></li> <li>1:00 Prayer Time</li> <li>1:15 Crafts /Card Game</li> </ul>	<p>21)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Outside Walking</li> <li>10:30 Sit &amp; Be fit</li> <li>11:00 Joke Time</li> <li>1:00 Prayer Time</li> <li>1:15 <b>Special Celebration ( Music&amp; Dance)</b></li> </ul>	<p>22)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Staff Led Exercise</li> <li>10:30 Current Events</li> <li>11:00 English Class</li> <li>1:00 Prayer Time</li> <li>1:15 Bingo</li> </ul>	<p>23)</p>
<p>26)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Kick ball</li> <li>10:30 Discussion Group</li> <li>11:15 Exercise</li> <li>1:00 Prayer Time</li> <li>1:15 Bingo</li> </ul>	<p>27)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Outside Walking</li> <li>10:30 Exercise</li> <li>11:00 <b>Health Ed</b></li> <li>1:00 Prayer Time</li> <li>1:15 Crafts /Card Game</li> </ul>	<p>28)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Fishing Game</li> <li>10:30-12:00 Support Group / Dr. Marjan</li> <li>1:00 Prayer Time</li> <li>1:15 <b>Farsi New year Celebration</b></li> </ul>	<p>29)</p> <ul style="list-style-type: none"> <li>9:30 Coffee Social Time</li> <li>10:00 Staff Led Exercise</li> <li>10:30 Current Events</li> <li>11:00 English Class</li> <li>1:00 Prayer Time</li> <li>1:15 Bingo</li> </ul>	<p>30)</p>