




MT. DIABLO CENTER- ADULT DAY HEALTH CARE - FARSI PROGRAM-

June 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 		<p>Highlights of the Month:</p> <ul style="list-style-type: none"> - Gardening Class - The Price is Right - Eid Celebration - Cooking Class - Health Ed - Movie 	<p>1)</p>  <p>Farsi Program is closed</p>	
<p>4)</p> <p>9:30 Coffee Social Time 10:00 Kick Ball 10:30 Discussion Group 11:15 Exercise 1:00 Prayer Time 1:15 Bingo</p>	<p>5)</p> <p>9:30 Coffee Social Time 10:00 Outside Walking 10:30 Exercise 11:00 Art 1:00 Prayer Time 1:15 Crafts /Card Game</p>	<p>6)</p> <p>9:30 Coffee Social Time 10:00 Sit & Be fit / Walking 10:30 Wisdom word 11:00 Riddles 1:00 Prayer Time 1:15 Knitting Club / Reading</p>	<p>7)</p> <p>9:30 Coffee Social Time 10:00 Staff Led Exercise 10:30 Current Events 11: 00 English Class 1:00 Prayer Time 1:15 Bingo</p>	<p>8)</p>
<p>11)</p> <p>9:30 Coffee Social Time 10:00 Balloon Bash 10:30 Discussion Group 11:15 Exercise 1:00 Prayer Time 1:15 Surprise Game</p>	<p>12)</p> <p>9:30 Coffee Social Time 10:00 Toss Game 10:30-12:00 Support Group / Dr. Marjan 1:00 Prayer Time 1:15 Knitting Club</p>	<p>13)</p> <p>9:30 Coffee Social Time 10:00 Sit & be fit / Walking 10:30 Poetry Reading 11:00 Movie 1:00 Prayer Time 1:15 Needle Point / Music</p>	<p>14)</p> <p>9:30 Coffee Social Time 10:00 Staff Led Exercise 10:30 Current Events 11:00 English Class 1:00 Prayer Time 1:15 Bingo</p>	<p>15)</p>
<p>18)</p> <p>9:30 Coffee Social Time 10:00 Paddle Ball 10:30 Discussion Group 11:15 Exercise 1:00 Prayer Time 1:15 Bingo</p>	<p>19)</p> <p>9:30 Coffee Social Time 10:00 Outside Walking 10:30 Exercise 11:00 Art 1:00 Prayer Time 1:15 Crafts /Card Game</p>	<p>20)</p> <p>9:30 Coffee Social Time 10:00 Sit &Be fit 10:30 Gardening Class 11:00 Joke time 1:00 Prayer Time 1:00 Eid Celebration</p>	<p>21)</p> <p>9:30 Coffee Social Time 10:00 Staff Led Exercise 10:30 Town Meeting 11:00 English Class 1:00 Prayer Time 1:15 Pictionary</p>	<p>22)</p>
<p>25)</p> <p>9:30 Coffee Social Time 10:00 Toss Game 10:30-12:00 Support Group / Dr. Marjan 1:00 Prayer Time 1:15 Health Ed 2:00 Music</p>	<p>26)</p> <p>9:30 Coffee Social Time 10:00 Outside Walking 10:30 Exercise 11:00 The Price is Right 1:00 Prayer Time 1:15 Crafts /Card Game</p>	<p>27)</p> <p>9:30 Coffee Social Time 10:00 Basketball 10:30 Sit &Be fit 11:00 Cooking Class / Art 1:00 Prayer Time 1:15 Needle Point / Music</p>	<p>28)</p> <p>9:30 Coffee Social Time 10:00 Staff Led Exercise 10:30 Current Events 11:00 English Class 1:00 Prayer Time 1:15 Bingo</p>	<p>29)</p>

490 Golf Club Road, Pleasant Hill, CA. 94523 (925) 682-6330

DAILY: Coffee Social 9:30AM Refreshment: 11 AM LUNCH: M-F 12:00PM 2:30PM All Aboard1 It's Bus Time!

