

# CALIFORNIA AGING & LONG-TERM CARE (LTC) FACTS & INFORMATION RESOURCES

- In a 2018 poll, over **67%** of respondents (1000 voters, +/- 3.1% MOE) said “NO,” when asked, “Is California prepared to care for its aging population?” Over **83%** said they would be more likely to vote for a gubernatorial candidate who has a vision and long-term investment plan for California’s seniors.
- Californians 65 years old or older comprise **15%** of the state’s population. This segment will grow to almost **20%** by 2030.<sup>1</sup>
- **70%** of people 65 years old and older will need some form of long-term care (LTC).
- **600,000** Californians 55 and over are now living with Alzheimer’s disease. By 2030, this number will nearly double to over **1.1 million**.
- California’s **4.4 million** family caregivers provide over **4 billion** hours a year of unpaid care valued at **\$57 billion**.
- The current **7:1** ratio of caregivers to people 80 years or older will be **4:1** by 2030.
- On average, people require two years of long-term care, but one in five will need it for longer than five years.
- Generally, women need care for longer than men - 3.7 years vs. 2.2 years.<sup>3</sup>
- **63%** of seniors have not planned for their future in-home care needs. Many believe Medicare will cover them. It will not – **Medicare does not cover in-home care!**
- Nursing home costs in California averaged **\$290** a day in 2017, with the annual cost of care close to **\$110,000**.<sup>3</sup>
- In-home care (44hrs./wk. @ \$12.50-\$35/hr.) can range from just under **\$29,000** to **\$80,000** a year.
- Under a high health care cost growth scenario, California’s cost for LTC could increase 88% — from an estimated **\$6.6 billion** in 2013 to **\$12.4 billion** in 2023.<sup>5</sup>

## FOR MORE INFORMATION

1. [https://www.aging.ca.gov/data\\_and\\_statistics/facts\\_about\\_elderly/](https://www.aging.ca.gov/data_and_statistics/facts_about_elderly/)
2. <http://www.ppic.org/publication/planning-for-californias-growing-senior-population/>
3. <http://www.rureadyca.org/cost-long-term-care>
4. [http://www.thescanfoundation.org/sites/default/files/who\\_pays\\_for\\_ltc\\_ca\\_jan\\_2013\\_fs.pdf](http://www.thescanfoundation.org/sites/default/files/who_pays_for_ltc_ca_jan_2013_fs.pdf)
5. [http://www.rureadyca.org/sites/default/files/images/economic\\_study\\_11-7-2013\\_for\\_web.pdf](http://www.rureadyca.org/sites/default/files/images/economic_study_11-7-2013_for_web.pdf)
6. <http://archive.senate.ca.gov/sites/archive.senate.ca.gov/files/committees/2015-16/altc.senate.ca.gov/content/2014-publications.html>
7. <http://tffc.usc.edu/2017/01/01/interim-report-from-the-california-task-force-on-family-caregiving/>