

ALZHEIMER'S SUPPORT GROUP

3rd Wednesday of Each Month

In partnership with the Alzheimer's Association

4:30 pm to 6:00 pm



Mt. Diablo Center for Adult Day Health Care
490 Golf Club Road, Pleasant Hill

DATES

-May 16- Open Discussion

-Jun. 20 - Open Discussion

Whether you're an old hand at caregiving or just starting out on the caregiving journey, support groups offer an opportunity to learn, share your knowledge, plan for the future, and invariably, to laugh. Please join us.

Betsy Flathers, Group Facilitator

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