



**CHOICE
IN AGING**
SENIOR RESPITE PROGRAM
APRIL 2018

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
9:30 Coffee Social 10:00 Target Toss 10:30 Exercise w/Revan 11:00 Jim Ritz – The Music Man 1:00 Social Time/Reading 2:00 Coloring/ Free choice	9:30 Coffee Social/ 10:00 Paddle Ball 10:30 Exercise w/Joann 11:00 Cognitive Games 11:30 Sing along with Laurie. 1:00 Social time/Reading 1:30 Bingo	9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise w/Elena 11:00 Music with Laurie 1:00 Social time/Reading 1:30 Arts and Craft 2:00 Pet Visit GIGI	9:30 Coffee Social 10:00 Balloon Bash 10:30 Exercise w/Ashley 11:00 Music w Rosie 1:00 Social time/Reading 2:00 Paddle Ball	9:30 Coffee Social 10:00 Bowling Challenge 10:30 Garden w Marjorie 10:30 Exercise w/Justine 11:00 Cognitive Games 11:30 Sing along with Laurie. 1:00 Social Time/ Reading 1:30 Bingo
9:30 Coffee Social 10:00 Target Toss 10:30 Exercise w/Raven 11:00 Cognitive Games 11:30 Sing along with Laurie. 1:00 Social time/Reading 1:45 Bingo/ free Choice	9:30 Coffee Social/ 10:00 Paddle Ball 10:30 Exercise w/Joann 11:00 Music w Rosie 1:00 Social time/Reading 1:45 Watercolors	9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise w/Elena 11:00 Cognitive Games 1:00 Social time/Reading 1:30 Arts and Craft 2:00 Pet Visit GIGI	9:30 Coffee Social 10:00 Balloon Bash 10:30 Exercise w/Ashley 11:00 Music with Laurie 1:00 Social Time/ Reading 1:30 Artist Workshopl	9:30 Coffee Social 10:00 Bowling Challenge 10:30 Exercise w/Justine 11:00 Muzeke 1:00 Social Time/ Reading 1:30 Bingo/ Free choice
9:30 Coffee Social 10:00 Target Toss 10:30 Exercise w/ Raven 11:00 Music w Rosie 1:00 Social Time/ Reading 1:45 Bingo/ Free Choice Special lunch Volunteer appreciation	9:30 Coffee Social 10:00 Paddle Ball 10:30 Exercise w/Joann 11:00 Music with Laurie 1:00 Social Time/ Reading 1:45 Watercolors Week 15-21	9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise w/Elena 11:00 Museke 1:00 Social time/Reading 1:30 Arts and Craft 2:00 Pet Visit GIGI	9:30 Coffee Social 10:00 Balloon Bash 10:30 Exercise w/ Ashley 11:00 Cognitive Games 11:30 Sing along with Laurie. 1:00 Social Time/ Reading 1:30 Artist Workshop	9:30 Coffee Social 10:00 Bowling Challenge 10:30 Exercise w/Justine 11:00 Jim Ritz – The Music Man 1:00 Social Time/ Reading 1:30 Bingo/ Choice
9:30 Coffee Social 10:00 Target Toss 10:30 Exercise w/Raven 11:00 Cognitive Games 11:30 Sing along with Laurie. 1:00 Social Time/ Reading 1:45 Bingo/ Free Choice	9:30 Coffee Social 10:00 Paddle Ball 10:30 Exercise w/Joann 11:00 Music with Laurie 1:00 Social Time/ Reading 1:45 Watercolors	9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise w/ Elena 11:00 Cognitive Games 11:30 Trivia 1:00 Social time/Reading 1:30 Arts and Craft 2:00 Pet Visit GIGI	9:30 Coffee Social 10:00 Balloon Bash 10:30 Exercise w/Ashley 11:00 Music w Rosie memory card 1:00 Social Time/ reading 1:30 Bingo/ Choice	9:30 Coffee Social 10:00 Bowling Challenge 10:30 Exercise w/ Justine 11:00 Cognitive Games 11:30 Sing along with Laurie. 1:00 Social Time/ Reading 1:30 Movie
9:30 Coffee Social 10:00 Target Toss 10:30 Exercise w/Raven 11:00 Jim Ritz – The Music Man 1:00 Social Time/Reading 1:45 Bingo/ Free Choice	 Arbol day 4/27	 Happy Easter 4/1/2018		Special Lunch 4/16 Volunteer appreciation day 4/16-4/20 Earth day 4/22 Arbol day 4/27