











MT DIABLO CENTER - SENIOR RESPITE PROGRAM – AUGUST 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <u>8/05 Joseph Moore</u> <u>8/28 Lindsay Brown</u> 8/16 <i>Hawaiian Day!</i> <i>Hawaiian Luau Celebration</i>	1 9:30 Coffee Social 10:00 Paddle Ball 10:30 Exercise with Joann 11:00 Trivia 11:30 Word Games 1:00 Social Time// Reading 1:30 Artists' Workshop Outside Fun !! Pizza Party	2 9:30 Coffee Social 10:00 Bowling Challenge 10:30 Exercise with Elena 11:00 Singing w Laurie 1:00 Social Time// Reading 1:30 Watercolor/ Games 2:00 Pet Visit	3 9:30 Coffee Social 10:00 Balloon Bash 10:30 Exercise with Ashley 11:00 <i>Johnny Rocket n candy wrapper</i> 1:00 Social Time// Reading 1:30 Artists' Workshop 	4 9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise with Staff 11:00 "The Music Man" Jim Ritz! 1:00 Social Time// Reading 1:30 Bingo/ Free Choice
7 9:30 Coffee Social 10:00 Target Toss 10:30 Exercise with Raven 11:00 "The Music Man" Jir 1:00 Social Time// Reading 1:30 Bingo / Games 2:00 Pet Visit 	8 9:30 Coffee Social 10:00 Paddle Ball 10:30 Exercise with Joann 11:00 Trivia 11:30 Word Games 1:00 Social Time// Reading 1:30 Artists' Workshop	9 9:30 Coffee Social 10:00 Bowling Challenge 10:30 Exercise with Elena 11:00 Museke 1:00 Social Time// Reading 1:30 Watercolor/ Games 2:00 Pet Visit	10 9:30 Coffee Social 10:00 Bocce Ball 10:30 Exercise with Ashley 11:00 Singing w Laurie 1:00 Social Time// Reading 1:30 Artists' Workshop	11 9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise with Staff 10:30 Horticultural Therapy ... <i>Marjorie</i> 1:00 "The Music Man" 1:00 Social Time// Re 
14 9:30 Coffee Social 10:00 Target Toss 10:30 Exercise with Raven 11:00 Singing w Laurie 1:00 Social Time// Reading 1:30 Arts and craft 2:00 Pet Visit	15 9:30 Coffee Social 10:00 Paddle Ball 10:30 Exercise with Joann 11:00 "The Music Man" Jim Ritz! 1:00 Social Time// Reading 1:30 Artists' Workshop	16 9:30 Coffee Social 10:00 Bowling Challenge 10:30 Exercise with Elena 11:00 Angel With her harp 11:30 Photographic memo 1:00 Hawaiian History 2:00 "Hawaiian Luau Celebration!" 2:00 Pet Visit 	17 9:30 Coffee Social 10:00 Bocce Ball 10:30 Exercise with Ashley 11:00 Hula Dancers 1:00 Social Time// Reading 1:30 Artists' Workshop	18 9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise Staff 11:00 "The Music Man" Jim Ritz! 1:00 Social Time// Reading 1:15 Bingo/ Free Choice
21 9:30 Coffee Social 10:00 Target Toss 10:30 Exercise with Raven 11:00 Word Games 11:30 Picture Expression 1:00 Social Time// Reading 1:30 Bingo/ Games 2:00 Pet Visit 	22 9:30 Coffee Social 10:00 Paddle Ball 10:30 Exercise with Joann 11:00 "The Music Man" Jim Ritz! 1:00 Social Time// Reading 1:30 Artists' Workshop	23 9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise with Elena 11:00 Let's talk about? 11:30 Photographic memory card 1:00 Social Time// Reading 1:30 Watercolor/ Games 2:00 Pet Visit	24 9:30 Coffee Social 10:00 Bocce Ball 10:30 Exercise with Ashley 11:00 Singing w Laurie 1:00 Social Time// Reading 1:30 Artists' Workshop	25 9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise with Staff 11:00 "The Music Man" Jim Ritz! 1:00 Social Time// Reading 1:15 Let's talk about film! 1:30 Film 
28 9:30 Coffee Social 10:00 Target Toss 10:30 Exercise with Raven 11:00 Museke 1:00 Social Time// Reading 1:30 Bingo/ Games 2:00 Pet Visit	29 9:30 Coffee Social 10:00 Paddle Ball 10:30 Exercise with Joann 11:00 Word Games 11:30 Picture Expression 1:00 Social Time// Reading 1:30 Artists' Workshop	30 9:30 Coffee Social 10:00 Flying Frisbees 10:30 Exercise with Elena 11:00 "The Music Man" Jim Ritz 1:00 Social Time// Reading 1:30 Watercolor/ Games 2:00 Pet Visit	31 9:30 Coffee Social 10:00 Bocce Ball 10:30 Exercise with Ashley 11:00 Singing w Laurie 1:00 Social Time// Reading 1:30 Artists' Workshop	

DAILY: Coffee Social: 9:30 AM. Refreshments: 11:00 a.m. & 2:00 p.m. Lunch: M-F 12:00 noon 2:30PM All Aboard! It's Bus Time!

Alzheimer's Support Group Meetings: 3rd Wednesdays of each month from 4:30 – 6:00 p.m. 490 Golf Club Road, Pleasant Hill, CA 94523 (925) 682-6330 x121

