

MT. DIABLO CENTER – SENIOR RESPITE PROGRAM – JULY 2017

MONDAY

3
 9:30 Coffee Social
 10:00 Volleyball
 10:30 Exercise w/ Raven
 11:00 **Jim Ritz – The Music Man!**
 1:00 Free Time/ Reading
 1:30 Craft /Games/ Free choice
 2:00 Pet Visit **GIGI**

10
 9:30 Coffee Social
 10:00 Volleyball
 10:30 Exercise w/ Raven
 11:00 Word Game
 11:30 **Photographic memory card**
 1:00 Social Time/ Reading
 1:30 Bingo/ Free Choice
 2:00 Pet Visit **GIGI**

17
 9:30 Coffee Social
 10:00 Volleyball
 10:30 Exercise w/ Raven
 11:00 **Jim Ritz – The Music Man!**
 1:00 Free Time/ Reading
 1:30 Craft /Games/ Free choice
 2:00 Pet Visit **GIGI**

24
 9:30 Coffee Social
 10:00 Volleyball
 10:30 Exercise w/ Raven
 11:00 Word Game
 11:30 **Photographic memory card**
 1:00 Free Time/ Reading
 1:30 Craft /Games/ Free choice
 2:00 Pet Visit **GIGI**

31
 9:30 Coffee Social
 10:00 Volleyball
 10:30 Exercise w/ Raven
 11:00 **Jim Ritz – The Music Man!**
 1:00 Social Time/ Reading
 1:30 Bingo/ Free Choice
 2:00 Pet Visit **GIGI**

TUESDAY

4

Mt. Diablo Center Closed

11
 9:30 Coffee Social
 10:00 Paddle Ball
 10:30 Exercise w/Joann
 11:00 **Jim Ritz – The Music Man!**
 1:00 Social Time/ Reading
 1:30 Watercolors/ free Choice

18
 9:30 Coffee Social
 10:00 Paddle Ball/ Pet visit Sam
 10:30 Exercise w/Joann
 11:00 **MuZeke!**
 1:00 Social Time/ Reading
 1:30 Watercolors/ free Choice

25
 9:30 Coffee Social
 10:00 Paddle Ball
 10:30 Exercise w/Joann
 11:00 **Jim Ritz – The Music Man!** 1:00
 1:00 Social Time/ Reading
 1:30 Bingo/ Free Choice

SPECIAL EVENTS!
 7/4 – Independence Day
 7/26 Birthday Celebration

BIRTHDAYS
 McInain, Barbara 7/5
 Kazuko, Doi 7/6
 Villaeuva, Ronnie 7/9
 Boyle, Bill 7/10
 Streich, Joe 7/17
 Patricia Young 7/24

WEDNESDAY

6
 9:30 Coffee Social
 10:00 Bowling Challenge
 10:30 Exercise w/Amber
 11:00 Let talk about?
 11:30 **Photographic memory card**
 1:00 Social Time/ Reading
 1:30 Arts & craft & Free choice
 2:00 Pet Visit **GIGI**

12
 9:30 Coffee Social
 10:00 Bowling Challenge
 10:30 Exercise w/Amber
 11:00 Let talk about?
 11:30 **Photographic memory card**
 1:00 Social Time/ Reading
 1:30 Arts & craft & Free choice
 2:00 Pet Visit **GIGI**

19
 9:30 Coffee Social
 10:00 Bowling Challenge
 10:30 Exercise w/Amber
 11:00 Let talk about?
 11:30 **Photographic memory card**
 1:00 Social Time/ Reading
 1:30 Arts & craft & Free choice
 2:00 Pet Visit **GIGI**

26
 9:30 Coffee Social
 10:00 Bowling Challenge
 10:30 Exercise w/Amber
 11:00 **Singing with Laurie**
 1:00 Social Time/ Reading
 1:30 Arts & craft & Free choice
 2:00 Pet Visit **GIGI**



THURSDAY

6
 9:30 Coffee Social
 10:00 Paddle Ball
 10:30 Exercise w/ Ashley
 11:00 **Singing with Laurie**
 1:00 Sharing/Cultural Studies
 1:30 **Artists' Workshop /Reading**
 2:00 Susan and Mercy Pet Visit

13
 9:30 Coffee Social
 10:00 Paddle Ball
 10:30 Exercise w/ Ashley
 11: **Singing with Laurie**
 1:00 Social Time/ Reading
 1:30 **Artists' Workshop /Reading**

20
 9:30 Coffee Social
 10:00 Paddle Ball/ Pet visit
 10:30 Exercise w/ Ashley
 11:00 **Singing with Laurie**
 1:00 Sharing/Cultural Studies
 1:30 **Artists' Workshop /Reading**
 2:00 Susan and Mercy Pet Visit

27
 9:30 Coffee Social
 10:00 Paddle Ball
 10:30 Exercise w/ Ashley
 11:00 **Angel Simmons and Harp**
 1:00 Social Time/ Reading
 1:30 **Artists' Workshop /Reading**



FRIDAY

7
 9:30 Coffee Social
 10:00 Bean Bags
 10:30 Exercise w/ Elena
 11:00 **MuZeke!**
 1:00 Social Time/ Reading
 1:30 Bingo/ Free Choice

14
 9:30 Coffee social
 10:00 Bean Bags
 10:30 Exercise with Elena
 10:30 **Gardening w/Marjorie**
 11:00 Trivia
 11:30 Easel
 1:00 Social Time/ Reading
 1:30 **Jim Ritz – The Music Man**

21
 9:30 Coffee Social
 10:00 Bean Bags
 10:30 Exercise w/ Elena
 11:00 **Roger And Hula Dancers**
 1:00 Social Time/ Reading
 1:30 Bingo/ Free Choice

28
 9:30 Coffee Social
 10:00 Bean Bags
 10:30 Exercise w/Elena
 11:00 **Jim Ritz-The Music Man**
 1:15 let's talk about !!
 1:30 **Film Day!!Choice**



Coffee Social: 9:30 - 10 a.m. Refreshments: 11:00 a.m. & 2:00 p.m. Lunch: 12:00 noon Bus: 2:30 - 3:00 p.m.

Alzheimer's Support Group Meetings: 3rd Wednesdays of each month from 4:30 -6 p.m.

Mt. Diablo Center, Alzheimer's Day Program, 490 Golf Club Road, Pleasant Hill, CA 94523 (925) 682-6330 x121